

BY TCHIYA AMET

THE SECRET TO
MONEY



The simple, little-known tweaks
that clear the way for money,
abundance and success!

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Have you ever wondered how you can improve your relationship with Money?
Does it sometimes seem that no matter how hard you work, you always seem to struggle financially?

Good news! The answer may be more simple than you think!

So often when entrepreneurs are struggling to make ends meet, they fall into the “invest more” trap. They conclude that it must be their marketing, or their outdated website or their lack of social media ads and they combat that by pouring more resources (usually ones they don't have) into fixing these assumptions.

In reality, often when a gifted, hard-working person is still struggling to make money, the culprit is their chakra system! More specifically, a blocked root chakra.

Not what you expected? More and more people are realizing the importance of energy as a business and prosperity tool! When our energy is out of alignment, creativity is blocked, love and gratitude are blocked and of course, so is our ability to receive money!

I wrote this book because I struggled for years. It was painful. Then, finally, I learned about my chakra system and how it works in my life and I found that my root chakra was blocked from THREE DECADES of unresolved trauma. Once I understood that, I finally began my healing journey and my finances improved significantly. Most importantly, my relationship with My Self, which includes my relationship with Money, improved greatly.

I had attributed my lack of finances to my dropping out of grad school after experiencing much grief and trauma. I had been a musician in a band with my now ex-husband, a homemaker and a homeschooling mother for 20 years, and after the divorce, my finances were practically zero!

Then my mom died, and I inherited a 6 flat apartment building on the South Side of Chicago. This building was first owned by my grandparents, and I lived there until the age of 7. Sounds great, huh? I had real estate! But a series of unexpected circumstances and a shaky economy turned what should have been a dream into a nightmare! My finances went into the negative: BELOW ZERO!!

Once I began to realize that the multiple assaults and major violations that I had experienced in my life had completely blocked up my root chakra, I began to seek out techniques to open up again. Some of these included sound healing, yoga, meditation, journaling, visualization, forgiveness, chanting and of course, music. *(Read the whole story here: [Blue Lotus Speaks: Sirius Culmination 2015 Reflections on 30 Years of Living with Trauma and Assault](#))*

THE SECRET TO MONEY FLOW

Then it happened. I started to apply everything I had learned, and developed a consistent and effective yoga practice as well as a system of sound healing protocols to address trauma. I sought out coaches and mentors. And everything just clicked!

When practiced consistently, energy clearing will provide a profound shift in energy, in the flow of your income, and the results in your life! Here are four simple ways to remove energetic blocks to your financial freedom.



Clearing Trauma from Root Chakra

Trauma is stored in the Root Chakra. This is also the chakra that is connected to our stability, security, and finances. It is where we are grounded. If our chakra is blocked, or out of alignment, we can feel spacey, lost, confused, alone, depressed, afraid, numb, and frozen by the trauma. We will continue to tell our story, rather than to feel empowered by the adversity that we have overcome. We will react to life from a place of PTSD, freeze, fight, or flee.



Once this chakra is cleared of past traumas, we are open to receive all the happiness, abundance, security, and prosperity that is our divine birthright. We can live in the flow instead of just observing it rush by. Once this chakra has been cleared of trauma, all of the other energy centers begin to open and the energy begins to flow freely within our bodies, and in our lives and our relationships.

Take a look at these guided meditations that will clean and clear your energy systems and get your chakras working in your favor!

The sound or the mantra for the Root Chakra.

It is helpful to cite this mantra to bust through energy blocks caused by past trauma that have, thus far, kept us from receiving the prosperity that is our birthright.

Root Chakra Mantra: LAML <https://soundcloud.com/bluelotusspeaks/lam-root-chakra>



Chakra Opening Practices

See the Root Chakra as a dark, motionless stone, dark maroon, almost black.

Repeat the sound LAM 8 times. slow and deep, as demonstrated in the recording.

LAM is the sound of the Root Chakra.

Visualize the Chakra lighting up, becoming bright red, then spinning, all while continuing to make the same sound: LAM.

Visualize everything as the color red.

When the red light fades, visualize a strong root that grows from your Root Chakra and becomes a root that is growing down into The Earth, (Ta Urt), one that attaches you to the earth, very deep, almost to the center of the earth. This symbolizes your stability, your roots, your security, and your finances.



Sefkhet Aritu Uaa: Root Chakra Guided meditation

Root Chakra Guided meditation:

<https://soundcloud.com/bluelotusspeaks/sefkhetaritu>

Forgiveness: Ho'oponopono

One of my favorite ways to clear energy is to practice the art of Ho'oponopono. This is an ancient practice of forgiveness and release.

It is important to remove any feelings of resentment or blame towards others, towards the Divine and towards ourselves. When we forgive ourselves, it becomes easier to forgive others. Holding onto negative emotions, feelings, thoughts or habits especially when attached to trauma, can leave us feeling stuck and unable to move.

Watch the 6 minute Ho'oponopono video: <http://youtu.be/VMfpCUAjua0>.

When practiced consistently, you will find that you are going to forgive and release old programming, false beliefs and other negative elements that have kept you from opening up to truly receiving in life and business!

Feng Shui Your Space

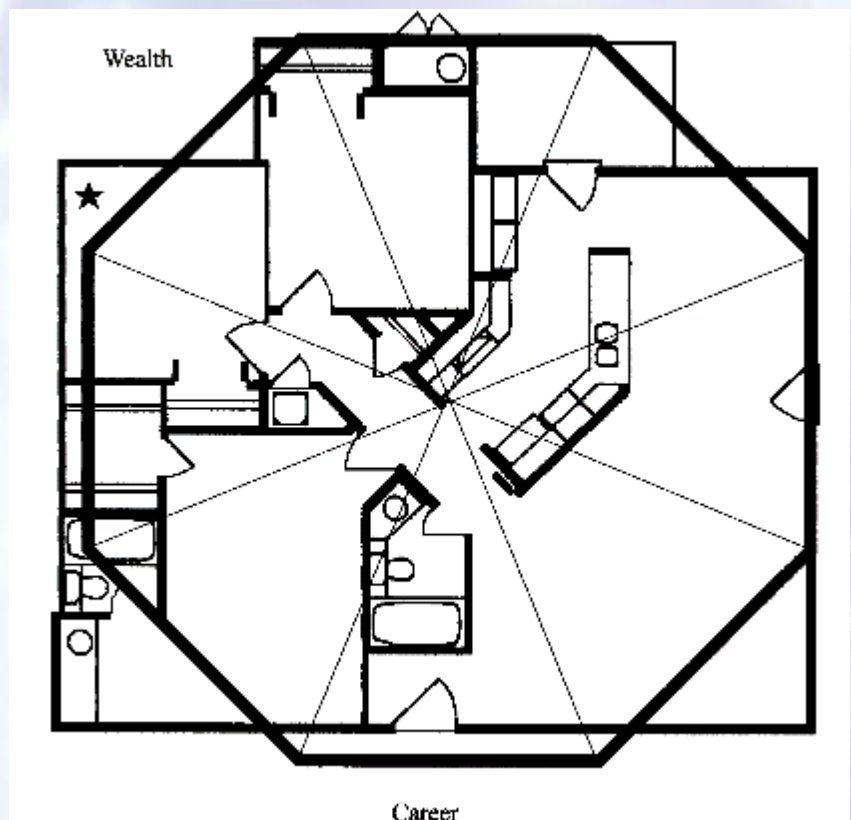
Feng Shui is an ancient tool from China that can be used to bring order to any space, physical or even mental. It is based on the IChing.



1. Take out a pen and paper.
2. Draw out an octagon, the 8 sided geometric shape, or go to newday.tchiya.com/fengshuibagua right now and download or duplicate the diagram.

3. Label the 8 sides: North: write Fame; East: Creativity, Children; South: Work, Career; West: Family, Health; North East: Relationships, Marriage, Partnership; South East: Helpful People, Ancestors, Clients; South West: Knowledge; North West: WEALTH, Wisdom.
4. Now take this chart, the Bagua, and place it over the layout of your home, office, garden, etc. Place the career side along the wall that contains the Entrance to the room or the house. In other words, the Main Entrance to the room or house goes along the South Line of the chart: the Door will either be at Knowledge, Work or Helpful People.

5. See which room corresponds to the Wealth Corner of the house, and see which corner of every room corresponds to the wealth



corner of each space. Make sure each corner or area is clear of debris, no broken items, no broken clocks or fountains, no blocks of any kinds.

6. Now make this abundance corner BEAUTIFUL! Purple is a powerful color. Place purple Flowers, an altar, a mirror, or something purple in this spot. Place a fountain or another symbol of wealth. I keep my loose change jar in the wealth corner of my office. If the Wealth corner of your room or house is “missing” architecturally there are fixes that can be made. Perhaps your wealth corner is a storage room, or full of junk! The wealth corner of my home is THE GARDEN! It doesn't matter where your wealth corner falls within your home, so long as you nurture it and keep it clear for receiving!

These are just a few simple tweaks you can make to get your energy system flowing smoothly. Do not make the mistake of thinking that your chakras and your money are not related. Your chakras are related to all of the results you are getting in life. Each one of them corresponds to a different area and with guidance and practice, you can work in partnership with your chakras to create (and keep) the life of your dreams!

I have seen this work miracles and I know it can work for you! Interested in seeing how your energy system is affecting your reality? In a very short time you can restructure your chakras, get them in alignment with your big vision and finally have the prosperity and wealth that you deserve. [Click here and send me a message for your complimentary Energy Wealth Analysis!](#)

About the Author: Tchiya Amet El Maat

MUSICAL HEALING AND DIVINE WELLNESS

As a renowned Healer, Teacher & Musician, Tchiya Amet offers expertise in the art of KemeTones: Cosmic Sound Healing—which comprises Kemetic Sidereal Astrology, HeruScopes and Acutonics. She also offers organic and academic talents as a singer, songwriter & keyboard artist, focusing on the age-old connected rhythms of reggae, native, world and celestial music.



Born and raised in Chicago, Tchiya offers “first-nation” roots as a member of the Moor, Cherokee/Tsalagi, Creole and Lakota Blackfoot tribes. She remains a contemporary Urban Indigenous Woman, complemented by core ties with nature and a close affinity to land, water, animals, cosmos and spirit. Indeed, Tchiya’s gifts of lyricism, music and performance allow her roots to reach the now, then and the will be...

By the age of 8, she was composing musical creations on the piano with no formal training. Tchiya later earned a Bachelor’s degree in Physics from Oberlin College—where she also studied at its renowned Conservatory. There, she studied Jazz Piano and regularly performed with the Oberlin Jazz Ensemble. To

date, she has released three independent CDs: "Rise Again Truth", "Black Turtle Island," and "Celestial Folk Music." Her fourth CD, "TCHIYA AMET SURVIVES THE TEXAS TORNADO" is a dub collection of the most popular songs from first two reggae collections.

Tchiya then studied Galactic Astronomy in the graduate program at the University of Texas in Austin. It was during this life chapter that she learned about Natural Life and Healing, Yoga, and the Spirit & Power of the Mind. Complementing her healing consciousness, alongside reggae music, the Rastafarian and Black Hebrew Israelite Movements opened her eyes (and mind) to her current role seeking and helping others to understand truth, history, health and culture.

Today, Tchiya offers expertise to others as a practiced yoga instructor, herbalist, and a proponent of home-schooling, while guiding her own life as a vegetarian, professional musician, performing & recording artist, festival producer, organic gardener, natural foods co-op organizer, cultural astronomer—and most recently, acutonics (cosmic sound healing) practitioner and instructor.

Ultimately guided by the Sun and the Stars, Tchiya's mission is focused on healing & awareness with sound; creating and performing music inspired by the Ancient Wisdom (found in Cultural Astronomy); Traditional & Contemporary Celestial Worldviews of Indigenous Peoples of the Four Directions; and Acutonics, with the Music of the Spheres.

With her music, Tchiya shares the Teachings of the Four Directions, including Bhagavad Gita, the Lotus Sutra, The Kybalion, the Kabala, Cherokee Legends, Lakota Sundance, & Maat from Kemet.

In 2014, a new avenue appeared, ushering in a cycle of intensive self healing from rape and sexual assault from her younger days at Oberlin and UT Austin. Ending 30 years of silence, Blue Lotus Speaks is a program geared towards ending sexual assault by raising awareness, offering healing and promoting education. END THE SILENCE, END THE VIOLENCE is an event that takes place every year on June 7, TCHIYA AMET DAY, in Austin, TX.

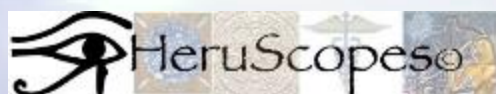
2015 Update: Tchiya Amet Day location has changed: instead of having it every year in Austin, it will be in different places every year. This year, 2015, the event was held in Round Valley, CA. for more info about healing from trauma, visit newday.tchiya.com/bluelotusspeaks.

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Cosmic Navigation Strategy Session,

<https://www.vcita.com/v/tchiya>

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